



# Helen Antanavage, Grasshopper

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## Artist Statement

When it comes to my artwork it is hard to pinpoint one exact idea or statement that it represents. I do not think that art always must have some hidden meaning behind it to be made. For me, I simply make art because it makes me happy.

Most of the things that inspire me are simple. Whether it is the colors of the seasons, seeing a piece of art online that I like, or just a sunny day. Inspiration can strike at any moment. My siblings are the biggest reasons I started and continue to do art. Most of my siblings are artists as well and I love to show them the finished product of a drawing or painting I really like. When I am able to share an experience so important to me with the ones I love, it gives me a sense of joy purely unique to our bonds.

I find art to be like an out of body experience, one where you do not need to worry about troubles and put yourself on the page. I usually find myself getting so lost in the work that by the time I realize I am almost done; hours have passed before I noticed. The process of creating is just so hypnotizing that I find myself not thinking about anything while I draw.

Some of the most common themes in my art are nature, space, and thin flowing lines or of objects that flow like water. To me these are all things that are very delicate and beautiful, which is probably the reason I am so inclined to include them in my artwork. When it comes to style or mediums, I almost always draw with black inked lines of varying thicknesses or with plain graphite pencils.

Art to me acts as a time bubble. It enraptures a certain moment, state of mind, or even emotions that cannot be replicated. The most amazing thing about art to me is that, despite its abilities to capture a moment, it is constantly changing. The fact that no matter how long I create artwork I will always have the ability to improve or experiment in, is a pleasure all on its own.