**Health Psychology Concentration**

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|  | Fall | Spring |
| First Year | **Introduction to Psych (PSY 1101)** | **Psychological Assessment (PSY 2201)** |
|  | **Orientation to Psych (PSY 1151)** | **Oral Communication (COM 1101, 1102, or 1103)**  |
|  | **First Year Seminar (FYS 1100)** | **Social & Behavioral Science** |
|  | **Composition I (ENG 1112)** | **Global Perspectives** |
|  | **Humanities I** | **Theme (strand I, II, or III)** |
|  |  |  |
| Second Year | **Research Methods I (PSY 2206)** | **Psychological Disorders (PSY 3391)** |
|  | **Humanities II** | **Research Methods II & lab (PSY 3306 & 3306L) (4 credits)** |
|  | **Math (recommend statistics)** | **Global Perspectives II (same section as first course)** |
|  | **Social and Behavioral Science II** | **Theme (strand I, II, or III, but has to be different strand than first theme course taken & be a different prefix)** |
|  | **Upper Division Gen Ed I (3000 or above)** | **Any elective** |
|  |  |  |
| Third Year | **Social Psychology (PSY 3310)** | **Health Psychology (Lab) (PSY 3355)** |
|  | **Career Planning (PSY 3353) (1 credit)** | **Upper Division Gen Ed II (3000 or above)** |
|  | **Natural & Physical Science (3 credits)** | **Stereotyping and Prejudice (PSY 3309) (recommended concentration elective)** |
|  | **Composition II (ENG 3313)** | **PSY elective** |
|  | **Death & Dying (PSY2421)** | **Any elective** |
|  | **Any elective**  |  |
|  |  |  |
| Fourth Year | **Positive Psychology (PSY 3319)** | **Senior Seminar (PSY 4490)** |
|  | **Stress Management (PSY 3332)** | **Any elective** |
|  | **Internship (PSY 4495)** | **Any elective** |
|  |  | **Any elective** |
|  |  |  |

**\* ALL COURSES ARE 3 CREDITS UNLESS MARKED OTHERWISE**

**\*General Education Courses**

**\*Psychology Core Courses**

**\*Required Concentration Courses**

**\*Elective Concentration Courses**

**\*Any Elective Courses (apart from major, or part of major as choose)**